NOW

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Magazine

XPRESSION

Leaves An Everlasting Impression

RANNA ROYCE

Plays Various Roles In The Entertainment Industry

JAY VINCHI

JAMES WORTHY

CHRISTIAN VIND

ANEESA BADSHAW

Is Taking Over The Music Scene In Canada

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Our goal is to keep our fans up to date with some of the latest and most interesting events. We report on many different events as well as artists.

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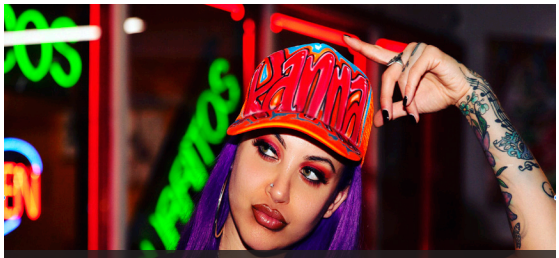

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Toronto Actress & Musician

Aneesa Badshaw

Is Taking Over The Music Scene In Canada

Aneesa Badshaw, is a actress, model, musician, and creative director from Toronto, Canada. She is bringing the heat with her music and doesn't plan on stopping anytime soon!

Q1.) What was your life like growing up?

Aneesa Badshaw: *"I honestly had a lot of ups and downs. My mom was very poor when she first came to Canada from Guyana, but kuddos to her, as she really worked her butt off as a hairstylist/bartender to take care of her family. We've moved to so many places and I've switched schools many times, until I lived on Weston Road Toronto from 1999-2006 then Mississauga in 2007, which is where I spent most of my life/childhood."*

Q2.) Who do you admire most in the entertainment industry?

Aneesa Badshaw: *"I would say Dave East; his music is raw and he keeps it hella real. It's also amazing to see him branch out from being a rapper to also getting into the modeling scene as he just got signed with "NEXT models"."*

Q3.) What was one of the most memorable collaboration you've done?

Aneesa Badshaw: *"The most memorable collaboration I've done would probably be working with dancehall artist, Charly Black in Ocho Rios, Jamaica. The fun part about that trip was experiencing their culture and food.*

Also, the Music video I was featured in is called "Happy Zone"; which turned out to be a hit in the market, which made everything even better."

Q4.) A lot of musicians struggle with anxiety and depression. Do you deal with that too? If so, what brings you happiness to make it out of those obstacles?

Aneesa Badshaw: *"Yes, I have been dealing with anxiety and depression for a very long time, at least 10+ years. But I can definitely say that I have been working on myself a lot this year. My first step was cutting off negative people in my life, and changing the way I eat as now I'm eating much healthier now that I'm having more alkaline based foods."*

"Also seeing the outcome from my career brings me happiness because I've put in so much work, and energy into it, and I'm glad to see progress."

Q5.) What was the hardest part about being in the modeling industry and what would you say to other aspiring models that want to get in the game?

Aneesa Badshaw: *"To be honest, you always have to keep your head on your shoulders, ignore the negative things you might see other people do and say to you, as there is a lot of jealous people in this world."*

"An advice to whomever is reading this, just remember nothing is impossible, everything that you put into it, is what you're going to get. There's No limit. Life is too short to give any damn what people think of you. Stay around positive energy always."

Q6.) Currently what are your top 3 goals to accomplish before 2020?

Aneesa Badshaw: *"My top 3 goals to accomplish before 2020 would be releasing my first hip-hop song and music video on Christmas day. As well as having my store/clothing line ready for the upcoming New Year."*

Q7.) Music is conveyed differently in all countries. What's the music & entertainment scene like out there?

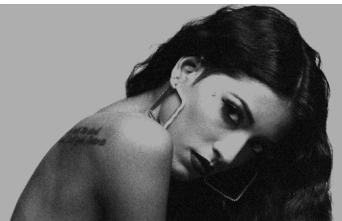
Aneesa Badshaw: *"We're honestly killing it in Toronto with the music and entertainment scene. There's so many talented people that's on the come up, and that's also made it to be very successful. (Thank you Drake for putting us on the map, lol)."*

Q8.) Who is your favorite fashion designer?

Aneesa Badshaw: *"This is old school, but I'd say Juicy Couture. I absolutely love their velour tracksuits and the way it fits, I have a serious collection in my closet lol."*

Q9.) What's next for Aneesa Badshaw?

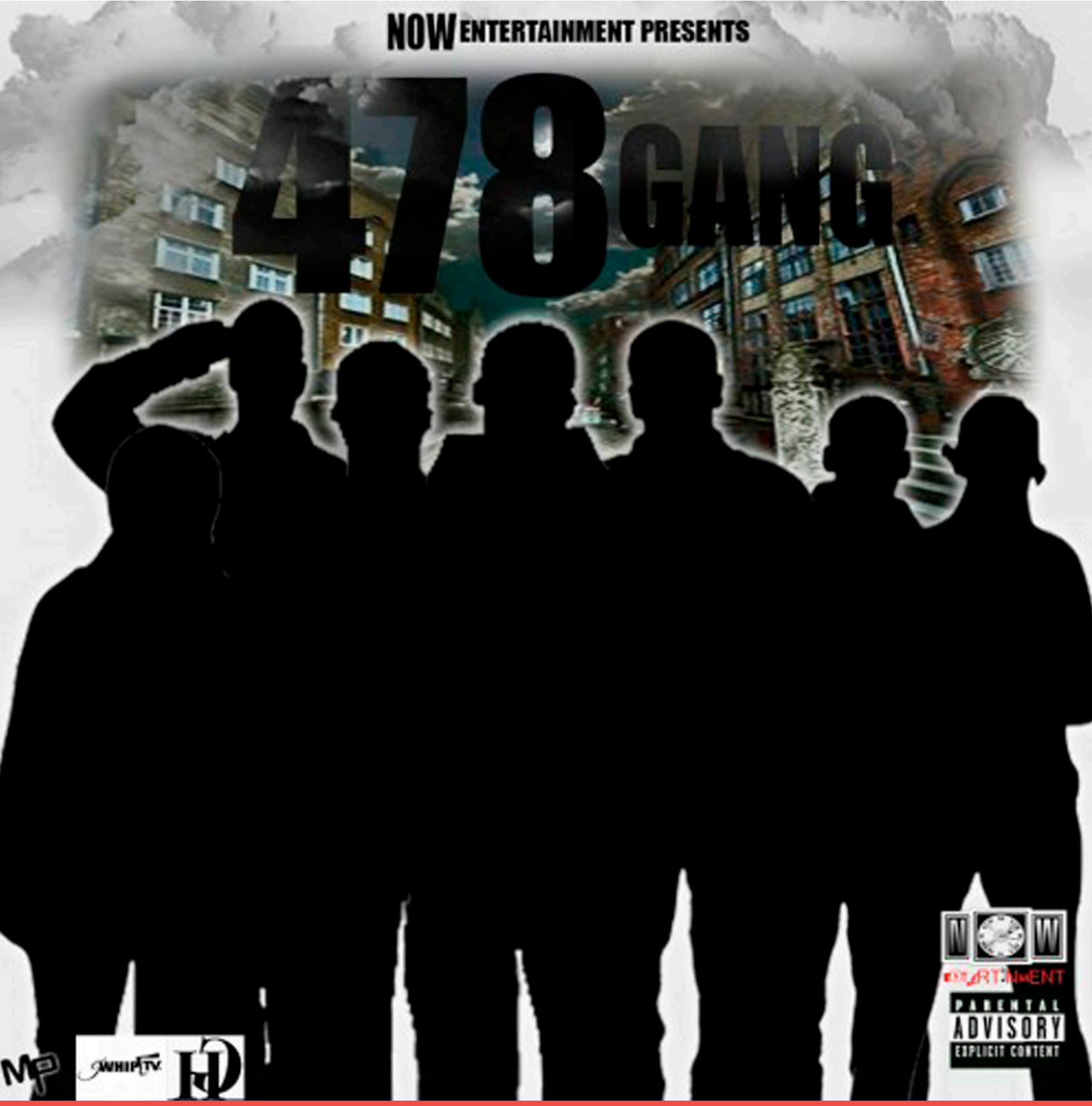
Aneesa Badshaw: *"Currently working on a clothing line, and an EP/Album for the upcoming year!"*



"To be honest, you always have to keep your head on your shoulders..."

"Currently working on a clothing line, and an EP/Album for the upcoming year!"

If you would like to follow Aneesa Badshaw on social media



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Q1.) How did you come up with the name Xpression?

Xpression: *"When I was 15 years old, I was diagnosed with bipolar disorder and had a lot of multiple personality's at the time. I was really into writing poetry, just starting to write my first song and the name came to me naturally as it was my way of "expressing" myself to show case my different characters and emotions with my art. "I said, expression!" That's the perfect name for me."*

"Then I said to myself, but I don't wanna' spell it like the word. So, I dropped the 'e' and kept it as "Xpression". Since then, I've never switched it, I've been Xpression for over 12 years now. Xpression, the MC nickname came from when I started to develop a deeper connection with hip-hop. But my name is still Xpression, but some say Xpression the MC."

Q2.) In the music industry, it's known for people to have depression and anxiety. Do you deal with that too? If so, what's that journey been like and what keeps you motivated to overcome those situations?

Xpression: *"Yes, I've struggled with depression my whole life; it's never*

The Progression Of Xpression

Leaves An Everlasting Impression

easy for anyone. I spent years of my life in a very dark place, especially my teenage years. My family motivates me to overcome that."

"I have an amazing wife and a beautiful little daughter now that I fight for everyday, and the happiness and love I feel from them has been life changing for me. That emptiness I use to feel is no longer there. They give me purpose to live, I want to be here for them, be the best husband and father I can be and set a strong positive example for my daughter."

"She looks up to me in everything I do. She wants to grow up and be a music artist just like me, I even featured her on a song off my last album I did, "The Write Path" and before my daughter came I was spiritually disconnected."

"During those dark times, I was engaged in demonic worship and wasn't living a life of light. Now spiritually I've grown and matured, I've asked God for forgiveness for the wrongs in my life and I've just been so blessed. It's been amazing for me."

"Dwelling in the darkness and focusing on negative energy was weighing me down, it felt like a curse

I couldn't get rid of, and it felt like I would be stuck in that mindset forever. But when my daughter came, something inside me changed and my heart felt whole."

"She was born with craniosynostosis when she was 1 years old and she had to go through major surgery involving her head at Loma Linda Children's Hospital. That was a very difficult time for me and my wife and I remember breaking down so many times, crying out to God for my little one to be okay, and praying for the doctors miracle hands to help her. It was very traumatizing but she made it through. She's my little fighter and is my constant reminder to never lose hope and how blessed I am. That was the last time I've felt depression and since her recovery I've been on a whole different light."

"The doctors did an amazing job on her and she healed completely from such a traumatic surgery. All she has is a scar on her head that's covered by her hair so most people don't even know the story. And her recovery is one of the strongest testimonies I have because I feel like it opened my eyes to so much more, and the impact it had on me changed the way I viewed life forever."

"She's the reason I stay working hard, chasing my dreams, and I want to leave a platform for her to continue my legacy, if she decides to. I want to give her the world and a better life than I had. She deserves it and so much more."

"There was a lot of times I wanted to quit music and give up everything but my wife didn't let me. She told me I've invested too much time into it and have too much talent to quit. My supportive friends and family were also telling me that I was working too hard to let go of my passion. So instead of quitting I decided to work even harder and stay fully dedicated."

Q3.) What's your favorite song that you've recorded in the studio?

Xpression: *"Still Need You or Every Life Matters" and my new song, "Growing Pains" is my favorite single. It depicts myself in a positive light and is the single on my next upcoming album which is going to be a very, very deep heartfelt positive project but also going to be sharing a lot of the struggles in my life."*

"Kinda' like a continuation of "The Write Path" but an older grown up, a more mature family man viewing life from a different angle type album. The write path though has a lot of amazing legendary features on it some of the biggest names in hip-hop history. But this new album I'm working on "The Heart Beat" is going to be very personal and it's going to show case me more as an artist rather than the write path that show cased me as an MC."

Q4.) What do you like to do in your spare time?

Xpression: *"I spend extra time with family, making YouTube videos with my daughter, I've been helping her get into the limelight little-by-little, she's going to be a star one day. I've been pushing my photography business, flying drones, and more."*

Q5.) I'm an artist myself, do you see yourself working on a song together with me, Christian Vind? If so, what style of beat do you picture us using, and what topic?

Xpression: *"Sure, I love working with new artists, I'm always up for a good collaboration. I don't have a preferred topic in mind but I'm always open to any new ideas. I try to be a well-rounded artist that can write about anything, so challenge me with something."*

Q6.) What's next for Xpression?

Xpression: *"The next move for Xpression is to continue on the write path, ha-ha. Everyday is a journey and I'm a step closer to where I want to be Physically, Mentally, and Spiritually. And the grind don't stop and my ideas don't rest."*

If you would like to follow Xpression on social media

Photo By: Angie Ayala

Visionary Multi Charting Billboard Artist

Ranna Royce

Plays Various Roles In The Entertainment Industry

Is a Persian American rock/ hip-hop artist who has charted multiple times on Billboard. In addition to the many roles she plays, including producer, songwriter, entrepreneur, and entertainer, she can most accurately be summated as a creative visionary taking over the industry.

Q1.) What's your backstory on becoming a musician and what was your life like growing up?

Ranna Royce: *"I was born and raised in the Bay Area but currently reside in LA. Both of my parents are from Iran and split when I was young. I was pretty out of control but always somehow managed to do well in school haha. When I was in 4th grade the teacher made the class look at Vincent van Gogh's "The Starry Night" and write a description of it."*

"I ended up writing a poem on both sides of the paper; the teacher was impressed and had me read it in front of the class. This is the moment I realized I could rhyme. I started writing full length songs when I was 13. It was just something I always did but never really planned on making a career out of. I started college at 17 and got my bachelors degree by 21. Then immediately after that, I started my MBA but I was not connected to it at all so I withdrew from the program. I could never really stay away from writing songs and rhyming."

Q2.) Charting on Billboard isn't easy. What was the process like?

Ranna Royce: *"I co-created an initial album with a few other producers and we wanted to redo it, so we flipped up the songs and beats, and got DJ Whoo Kid on the project. When we were notified we were going to be on Billboard, I thought wow! But more importantly than the certification itself was the practice this experience gave me as a producer."*

Q3.) Do you have any music tours coming up?

Ranna Royce: *"No not at this moment but I will let ya'll know when I do."*

Q4.) There are so many sharks in the music business. How do you keep them all in check?

Ranna Royce: *"I have a really small circle, tight team, and prefer to do a lot of stuff myself. There's shady people everywhere you go in life, but the music industry is The Shark Tank. Everyone I'm around is very respectful towards me and I'm all about that good energy flow. If someone got over on me in the past, I learned a valuable hands-on lesson from it. If someone is trying to get over on me now, I quickly know when to bow out."*

Q5.) Anxiety & Depression seem to be very common in artists by being in the entertainment industry. Do you deal with that too? If so, what are some things you do to overcome those obstacles?

Ranna Royce: *"I've definitely had a major history of this. It's common amongst many individuals in all walks of life, but I can safely say it's a common denominator amongst artists. Lots create art from those dark broken places. I think everyone needs to find their equilibrium which is very hard to do. I still ain't found mine haha. Writing songs and creating accompanying visuals is probably my best outlet. A lot of people say "the entertainment industry depresses people that's why they get on drugs", but they never think about the possibility that these people could have battled these issues for a very long time and turned to their talents to overcome it."*

Q6.) Which artist would you like to collaborate with in the future?

Ranna Royce: *"Marilyn Manson."*

Q7.) When making beats, which instrument and or sound do you like to use the most?

Ranna Royce: *"My favorite is live band and instruments. Usually the beats I get are pretty simple to start out with because I end up adding live instruments and changing the entire sound. I'm super drum heavy. I need drums, drums, and more drums. I also love distorted guitars and piano."*

Q8.) What are 3 things that people don't know about you?

Ranna Royce:

1. "I could probably destroy your boyfriend lyrically haha"

2. "I'm banned from the Stratosphere in Las Vegas for getting in a fight"

3. "I love Beavis and Butthead"

Q9.) If you could sign 3 music artists who would you choose and why?

Ranna Royce:

"Ok I'm just gonna pick 3 artists I love because they are probably already signed haha."

1. "MC Lyte because she was a true female emcee ahead of her time and I love her energy when she spits"

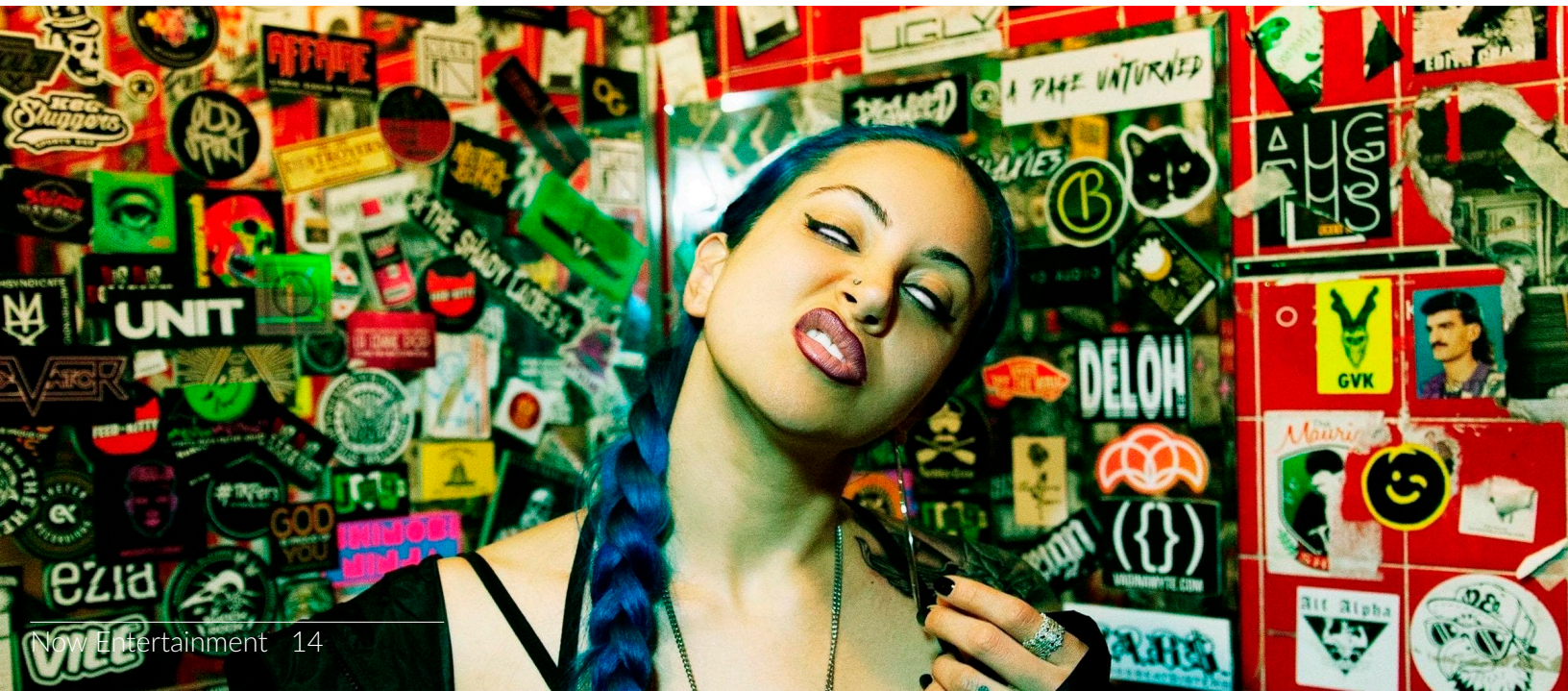
2. "Nirvana because they're f'n' Nirvana"

3. "Evanescence because they speak to my soul"

Q10.) What's next for Ranna Royce?

Ranna Royce: *"Definitely continuing to drop songs and visuals. I want to bring awareness to matters that matter and need attention and/or resolution while I story tell. I also eventually wanna produce a show... maybe a cross between MTV's classic The Tom Green Show and Wild n' Out."*

If you would like to follow Ranna Royce on social media



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Can You Create A Buzz Like Jay Vinchi?

Jay Vinchi is a songwriter, producer, and recording artist from Detroit, Michigan. His song Back and Forth is buzzing on social media and has been played over 365,000 times via Spotify, soon to make it's way to many more ears with heavy determination to make it to the 1 Million mark.

Q1.) What was your life like growing up?

Jay Vinchi: *"I grew up around a lot of hooligans and creativity. Skateboarding and snowboarding are major parts of who I am and my lifestyle. I was always progressing musically, making all kinds of videos, and just having a good time. I was ridiculous and got in dumb trouble, I was just enjoying myself the most I could."*

Q2.) When did you start creating music and what inspired you to turn it into a career?

Jay Vinchi: *"I've always been around music in life, but poetry in elementary school led me into writing hip hop. From there I got interested in sharing that, and that led me to put my thoughts out there."*

Q3.) Who do you look up to in the music industry and what message do you want to convey to the world through your music?

Jay Vinchi: *"I look up to many artists from multiple generations that spread good energy. Red Hot Chili Peppers, Mac Miller, Sublime, Asap Rocky, 50 Cent, Eminem, Green Day, XXX, and Lil Peep just to name a few. I wish to convey inspiration and a range of crazy emotions to people that they can relate with. That's my whole purpose."*

Q4.) Many musicians have anxiety and depression. Do you experience that too and how do you overcome it?

Jay Vinchi: *"I've always dealt with both, and you can hear it on my topics and songs. Mental health is huge to me, and that's mainly the point of my material. To let people know they aren't alone, and to give people good words that help soothe the soul. Everyone feels down, but I want people to know they have the power inside to rewire or at least help their mind find peace."*

Q5.) What are your top 3 goals?

Jay Vinchi: *"I'd have to say having ultimate freedom in travel anytime I want, helping as many people on earth as possible, and ending up in a situation where I am creating music or touring nonstop 365 days per year."*

Q6.) Your song Back and Forth is very catchy! Before it become a song, what ideas took place for it to become a reality?

Jay Vinchi: *"Thanks man! It was actually on the spot, I was coming off a trip in the morning and looked out the window. It was a sunny day in California, and there was a palm tree blowing in the wind. I had a flight scheduled that week home to Detroit, so I was speaking of going Back and Forth from LA to Detroit and symbolized it through the palm tree reference. The rest was just inspiration I was feeling at the moment."*

Q7.) What's next for Jay Vinchi?

Jay Vinchi: "I'm getting ready to drop a ridiculous amount of music on all streaming platforms, and have been preparing my intro into other genres. I am also working on a new rock project with some awesome homies from a very well know Detroit based band. The future is gonna be wild!"

Photo By: Mitchell Morales

Success Comes To Those Who Ask Questions & Learn From Experienced Industry Leaders & Musicians Like James Worthy

Christian Vind: **Previously seen one of your Instagram video posts that you connected with Post Malone! What was that experience like and was there any talks of a future collaboration?**

James Worthy: *Yea Me & Post connected at the BET Awards back in 2017. Really cool guy. We definitely talked about doing some music together so stay tuned, it's in the works!*

Christian Vind: **If you got a chance to work with any artist in the world, who would you want to work with?**

James Worthy: *That's a hard one, because there are tons I would love to work with, but off top definitely: The Weeknd, Frank Ocean, Sia, just to name a few.*

Christian Vind: **What are your top 5 goals as a producer and musician?**

James Worthy: *I look at everything by what I can improve on. The goal is to enjoy what I do & be happy with the results which goes for any endeavor I'm in. There are always tons of goals, but taking care of myself & those I love is the biggest goal.*

Christian Vind: **Being in the entertainment isn't easy. What was the beginning of your career like vs how it is now?**

James Worthy: *The beginning was me learning myself & the business at the same time. Now it's elevating what I've done & executing specific plans to grow the brand.*

Christian Vind: **What brings you happiness?**

James Worthy: *Life, Love, Music.*

Christian Vind: **Have you ever experienced anxiety and depression? If so, what steps did you take to overcome obstacles?**

James Worthy: *At times I have, but it's just a phase. Time & prayer was the biggest savior for me. Life mixed with the business can really take a toll on you with ways you wouldn't think, but positive energy goes a long way, and I had to keep that around me at all times to not sink back into that dark place.*

Christian Vind: **In the previous question I asked "Have you ever experienced anxiety and depression? If so, what steps did you take to overcome obstacles?" In the response I saw "dark place". What was it like to be there in a dark place, what were some thoughts that were crossing your mind at that time, and would we ever get to hear that in your music too?**

James Worthy: *Music was the escape route to get out of that dark place which formed "Blu Leisure". Every song on that project is a story of different things compiled from where I was at in life. When your in that space anything negative comes to mind.*

Christian Vind: **What are the pros & cons of being signed and independent?**

James Worthy: *Independent Pro's are: Keeping ownerships, bigger percentages, creative control. The Cons with that is: Out of pocket expenses, more ground work, more resources. Signed Pro's: bigger machine, more resources, bigger push to the masses. The Cons are: Less ownership or any, less percentages, deadlines.*

Christian Vind: **What are some things about you that people don't know about yet?**

James Worthy: *That I'm really a simple person who just loves music.*

Christian Vind: **Your album "Blu Leisure" is a vibe! What's next for James Worthy?**

James Worthy: *Thank You! My next EP is coming top of 2020. Look out for that.*

If you would like to follow James Worthy on social media

What it really feels like to have anxiety:

Not even doctors understand says 24 year old Minnesota rapper CHRISTIAN VIND

Christian Vind's mental health journey

Anxiety disorders are the most common mental illness affecting roughly 40 million Americans according to the anxiety and depression association of America. In the past, we at Now Entertainment have created campaigns and donated to societies for suicide prevention among others, so we reached out to speak with rapper and entrepreneur Christian Vind about his mental health journey.

Can you explain to us what it's like to live with anxiety?

Explaining anxiety to people can be very difficult at times especially when some don't take the time to understand what it is. Some think it's like an on and off switch, that somehow we can control it. For an example, I could be very happy, having the greatest time of my life, and out of nowhere I will get this numb feeling in my face, and or body, I get shaky, the chills, can't seem to fully gather my thoughts, and what's even more scary is when I feel like I might die.

When I would go to the doctor before, I was told, "it's just anxiety" and it made it seem like I was just overreacting and that I should get on some medications. Speaking of medications, some may help, but for me, I have had nothing but bad experiences from it to where I would feel even worse and it would seem to cause other health issues. There is nothing wrong with seeking help and taking the right prescribed meds to better your health, but for me, I was scared that it could get worse if I would have kept taking what the doctors kept giving me.

What have you done about it?

All I felt like I could do was to keep pushing through it, taking it day by day, praying, changing my eating habits, and setting up a better sleep schedule. The best decision I have made for my health is by going to a Neurological Chiropractor. He has taught me the key principles on how to live a better healthier lifestyle, and I must say I feel better than I did a year ago.

Before, I had double vision, which created more anxiety because I have had it for years. Doctors would ask me "are you on drugs?" And the honest answer to their question was no, I don't do drugs. I was having a lot of unexplainable anxiety attacks, I just didn't know what was causing it to be so continuous. I felt like people thought I was crazy. Long story short, after having an X-ray performed, I was told that I had gaps in some parts of my spine and two vertebras fused together in my neck which was causing the double vision.

What were your thoughts after treatment?

YAY! I can say to people that I am officially not crazy, even though most think I just force myself to see or feel what I see and feel. But the bad news was that I knew it was going to be a process for me, mentally, physically, and financially.

I've been going to the doctor for over a year now. I don't see as much double vision like I used to, and anxiety attacks don't happen as much either but it does still occurs from time to time. As a music artist and Co-Founder of Bcause You Can LLC, I would like to talk about mental health more often to create awareness that we are not alone and that seeking help doesn't mean weakness it means strength.

In conclusion, despite the anxiety, the 24-year-old rapper Christian Vind has carved out a pretty impressive online presence with over three hundred thousand followers.

Hueso says don't get caught up in what you think is reality and stay focused

Q1.) What was your life like growing up?

Hueso: *I grew up in a family of 5 including my sister, brother and of course the rents. My parents both originating from the Carribean islands, my father is from Haiti and my mother coming all the way from Trinidad & Tobago, which allowed them to instill a lot of their cultural values and beliefs. My parents were always very strict, but I was very rebellious of course. I've always wanted to be my own person and make my own decisions, so obviously, that leads to some trouble, but I continued to stay focused and pursuit football.*

Q2.) Who was the most supportive person that helped mentor you to become a successful entertainer?

Hueso: *I had a great support system growing up my parents were a huge factor in raising me into the man I am today. Although there is this one individual who instilled the work ethic I have met at a very young age. He goes by the name of Victor Tedondo, also know as Coach Vic, the founder of Gridiron Academy. Gridiron is an organization: academy for the youth, whether they are apart of low-income families or have troubled backgrounds, it's a club that allows them to stay focused on what's ahead and it prepares you for the future. Victor was the first person to believe in me and my abilities and he always told me "No matter what, I am more than just a football player and to not get so hung up on only playing football because there's way more to life than just sports". Still to this day, Victor is my go-to guy, he's always been a mentor whom I can confide in and who will give me an unbiased opinion.*

Q3.) What is one social media tip that has helped you grow the most that can also help others?

Hueso: *Social media has allowed me to connect with people from other ends of the world. I have had the opportunity to encounter so many different acts, from so many different places and that's been the best part about social media. I do want more people to understand that it is just a platform. Social media isn't real-life people can portray a life they don't live and that's where we have to be careful. We have to be sure not to get too caught up in what we think is our reality and stay focused on our day-to-day actions and lifestyle.*

Q4.) Have you ever experienced anxiety & or depression? If so, how do you overcome those obstacles?

Hueso: *I've been battling anxiety and depression since the age of 16 years old. I've always had tremendous amounts of pressure on me, especially once I elected to go to Laval University. Things started to weigh on me because I ultimately went there due to peer pressure. All things aside, I am glad that I decided against attending LU because during my time there I had the opportunity to meet a man named Alain Vigneault and he helped me control my anxiety. He was able to teach me how important the mental side of the game is and taught me everything about medication, controlled breaths and clear headspace – and that's what allowed me to remove a lot of the outside noise/ negativity in my life.*

Q5.) When you got verified on a social media platform, did that help expand your music career too? If so, what growth have you seen come from that?

Hueso: *Getting verified allowed me to see more opportunities than the average person. I do think it works wonders, but at the same time, it doesn't define me. It's just a blue-check and I know who I am with or without it and that's all that matters. There is only one Hueso in this world, so I just try and stay focused on what matters like going on tour, shows, studio time, the history of music and my brand.*

Q6.) What was the most memorable moment of your career in 2019?

Hueso: *The most memorable moment of my career in 2019 had to be having the opportunity to release my first EP and going on a press run. It was the first time in my life where I got to experience something like that. Even the feeling of having other people gravitate towards my music was surreal. I then followed it up with my 2nd EP featuring Jking and that turned out extremely well. We wanted to tell our story through our music and so that's exactly what we did. We used real-life voicemails, real conversations and created real music with the help of the best engineer/ producer RIPVCTR.*

Q7.) Any upcoming goals for the new year, 2020?

Hueso: *I have so many goals for 2020, starting with releasing more singles and EP's with other upcoming artists as well as reaching different interactions through my sound. I have been working extremely hard to find what voice of music defines my true self and I am excited to be able to share that with everyone in different performances in new cities, venues and music festivals. I want to do a lot more travelling and get to make more professional relationships as well as fan-base relationships.*

Q8.) What's next for Hueso?

Hueso: *What's next is exploring different sounds for myself as well as different styles and genres of music. I want to challenge my creative side of lyricism and visuals in my upcoming projects. I am working with some new faces from around the world and focusing on expanding my brand and website. There are so many new things that are soon to be released that I'm excited to share with everyone which is all to be previewed on my social media pages – from sit down interviews to breaking down my lyrics and getting to hear the root of the words I write. There is a lot more personal content coming out beyond new songs.*

"I've always wanted to be my own person and make my own decisions, so obviously, that leads to some trouble..."

"I had a great support system growing up my parents were a huge factor in raising me into the man I am today"

If you would like to follow James Worthy on social media

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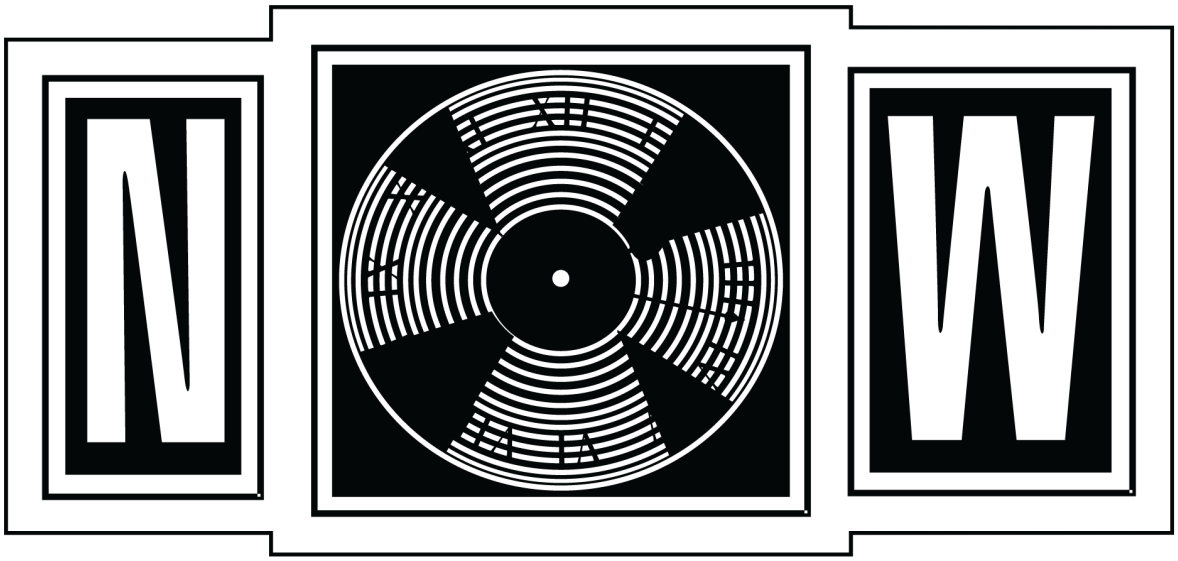

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